

## PROSTATE CANCER SERVICES



SERVICES PROVIDED	WHO CAN REFER?	HOW TO REFER?	SERVICE LOCATION
<b>Austin Health – Medical Outpatient Clinics</b>			
<p>Assessment and treatment of non-admitted (ambulatory) patients Staffed by medical, nursing and allied health For a full list of all the consultative outpatient clinics, refer to the GP access page of the Austin Health website: <a href="http://www.austin.org.au/">www.austin.org.au/</a></p>	Referrals by medical staff only	<p>Phone: <b>9496 2900</b> Fax: <b>9496 2097</b> Email: <a href="mailto:gporeferral@armc.org.au">gporeferral@armc.org.au</a></p> <p>Outpatient GP liaison nurse - Ann Steven Phone: 9496 2533 Pager: #1006</p>	<p>Austin Hospital campus: Level 3, Lance Townsend Building</p> <p>Repatriation campus: Ground Floor, Tobruk Building</p>
<b>Austin Health - Urology Nurse Consultants</b>			
<p>➤ Assessment of continence &amp; arrangement of prescription orders for continence aids ➤ Coordination of the video uro-dynamics clinic and follow ups as required ➤ Provision of diagnostic assessments such as voiding flow rates ➤ Coordination &amp; management of intravesical therapies including: - Bacillus Calmette Guerin (BCG) - Dimethyl Sulfoxide (DMSO) - Mitomycin (MMC) ➤ Provision of education &amp; support to clients, families &amp; community providers ➤ Liaison with community service providers – GPs, RDNS, Continence services ➤ Assist, recommend or provide expert advice on urological management including: - intermittent self catheterisation - catheter &amp; drainage bag management (in dwelling and suprapubic) - artificial urinary sphincters - nephrostomy tube management - erectile dysfunction management - trial of void</p> <p>The service is provided by Urology Nurse Consultants – Robyn Bolger &amp; Paul McGivern</p>	<p>Health professionals Patients can also self refer Patients do NOT need to have been an Austin Health patient</p>	<p>Phone: <b>9496 4915</b> Pager: <b>#2996</b> Monday – Friday (excl public holidays) Email: <a href="mailto:urologynurseconsultant@austin.org.au">urologynurseconsultant@austin.org.au</a></p>	Austin Hospital campus
<b>Austin Health – Sexual Health Service</b>			
<p>➤ Assessment/education/information on sexual difficulties/concerns to inpatients, outpatients and family members ➤ Provision of equipment to patients with sexual difficulties ➤ Provision of patient information on all areas relating to sexuality ➤ Information/education on sexual health issues to staff/community providers ➤ Assessment/discussion on issues impacting on self esteem and body image.</p> <p>Patients can be seen for multiple sessions Good links with psychology services at Austin Health There are no geographical boundaries, if patients are willing to travel The service is provided by Sexual Health Nurse Consultants – Thea Connor &amp; Sue Dickson</p>	<p>Health professionals Patients can also self refer Patients do NOT need to have been an Austin Health patient</p>	<p>Phone: <b>9490 7232</b> Pager: <b>#4871</b> Monday, Tuesday, Thursday, Friday Email: <a href="mailto:sexualhealth.service@austin.org.au">sexualhealth.service@austin.org.au</a></p>	Royal Talbot Rehabilitation campus
<b>Austin Health - Regional Continence Service</b>			
<p>The Regional Continence service offers a multidisciplinary service to people with bladder or bowel dysfunction, including incontinence. Services provided include: ➤ comprehensive assessment ➤ specialised investigations ➤ individual treatment &amp; management plans ➤ advice &amp; arrangement of continence appliances ➤ In home assessments (for frail aged clients that live within the LGA of Banyule) ➤ treatment such as pelvic floor exercises and bladder re-training.</p> <p>The service is for anyone over the age of 16 years. Clinical nurse consultants and physiotherapy staff are available. There are no geographical boundaries if patients are willing to travel.</p>	<p>Anyone can refer, including self referrals. Health professional referrals are preferred.</p>	<p>Referrals are made via the Aged Care ACCESS &amp; Information service: Phone: <b>9496 2489</b> Fax: <b>9496 -2613</b> Email: <a href="mailto:intake@austin.org.au">intake@austin.org.au</a></p> <p>General continence enquiries: Phone: <b>9496 2531</b></p> <p>Referrals should include the patient's medical history and current medications</p>	Repatriation campus
<b>Austin Health - Endocrine Men's Health Clinic</b>			
<p>Appropriate referrals include: ➤ endocrine care of men with prostate cancer ➤ androgen deficiency/hypogonadism ➤ other issues specific to men's health: - erectile dysfunction - cardiovascular risk assessments</p> <p>The Men's Health Clinic is staffed by the following Endocrinologists: ➤ Dr Mathis Grossmann, Dr Katherine Bates &amp; Prof Jeffrey Zajac There is no geographical restriction for patients attending the clinic.</p>	Referrals by medical staff only	<p>Phone: <b>9496 2444</b> Fax: <b>9496 2097</b> or Further information can also be obtained by contacting Dr Grossmann via Austin Health switch on <b>9496 5000</b></p>	Repatriation campus - Endocrine centre
<b>Northern Health – Ambulatory Care Outpatient Department</b>			
<p>Assessment and treatment of non-admitted (ambulatory) patients Staffed by medical, nursing and allied health For a full list of the medical speciality clinics &amp; timetable, refer to the GP access page of the Northern Health website: <a href="http://www.nh.org.au/">www.nh.org.au/</a></p>	All health professionals GPs, External Specialists, HMOs, VMOs & allied health	<p>Phone: <b>8405 8335</b> Fax: <b>8405 8761</b> Referrals to be completed on the Outpatient/Ambulatory Care GP referral form</p>	The Northern Hospital
<b>Northern Health - BECC Continence Clinic: Continence Support</b>			
<p>Assessment, diagnosis &amp; management strategies to assist in bladder/bowel control For persons of any age (including Children's continence service) living in: ➤ Darebin ➤ Banyule ➤ Shire of Nillumbik ➤ City of Whittlesea</p>	Anyone can refer, including self referrals.	<p>Contact ACCESS BECC Phone: <b>9495 3109</b> Fax: <b>9495 3183</b></p> <p>Referrals need to be on the VSRF form &amp; include patient's details; DOB; contact numbers, reason for referral, relevant test results, language spoken &amp; consent for contact.</p>	Bundoora Extended Care Centre campus

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<b>Eastern Health – Urology Outpatient Clinic</b>			
<b>Box Hill Hospital:</b> The Urology clinic deals with the assessment and treatment of patients with a range of urological problems and specialises in the treatment of prostate & bladder cancers Staffed by Consultant medical & specialist nursing staff Conducted on Monday and Wednesday mornings This is a public clinic Full clinic descriptions and referral forms can be accessed on the Eastern Health website: <a href="http://www.easternhealth.org.au/eastern/gp_Login.asp">http://www.easternhealth.org.au/eastern/gp_Login.asp</a>	Referrals by medical staff only	Phone: <b>9895 4881 (GP Access line)</b> Fax: <b>9895 4852</b>  Referrals should include: the reason for referral, signs & symptoms, duration of symptoms, relevant past history & results of relevant pathology & imaging	Box Hill Hospital Outpatient Department Ground floor
<b>Eastern Health - Urology Nurse Consultants</b>			
<b>Box Hill Hospital:</b> Assist, recommend or provide expert advice on urological management including: <ul style="list-style-type: none"> <li>- intermittent self catheterisation</li> <li>- catheter &amp; drainage bag management (in dwelling and suprapubic)</li> <li>- artificial urinary sphincters</li> <li>- nephrostomy tube management</li> <li>- erectile dysfunction management post surgery</li> <li>- trial of void</li> </ul> Coordination of the video uro-dynamics clinic and follow ups as required Provision of diagnostic assessments such as voiding flow rates Coordination & management of intravesical therapies including: <ul style="list-style-type: none"> <li>- Bacillus Calmette Guerin (BCG)</li> <li>- Dimethyl Sulfoxide (DMSO)</li> <li>- Mitomycin (MMC)</li> </ul> Provision of education & support to clients, families & community providers Liaison with community service providers – GPs, RDNS, Continence services Assessment of continence & arrangement of prescription orders for continence aids	Health professionals  Patients do NOT need to have been an Eastern Health patient	Phone: <b>9895 4881</b> Fax: <b>9895 4852</b>  For information clarity please contact the Urology Clinical Nurse Consultants  Urology Nurse Consultants: <b>Pam McMahon &amp; Lynda Hardy</b> Pager: <b>#3765</b> Monday, Wednesday Thursday Fridays (not Tuesday or public holidays)	Box Hill Hospital
<b>Eastern Health – Urology Outpatient Clinic</b>			
<b>Maroondah Hospital:</b> The Urology clinic is mainly consultative, but small procedures may be performed e.g. changes of suprapubic & urethral catheters. Voiding flow rates are also provided Liaison with community service providers – RDNS & continence services. This clinic is conducted Thursday afternoons & alternate Friday mornings. It is a public clinic and staffed by Medical staff Full clinic descriptions and referral forms can be accessed on the Eastern Health website: <a href="http://www.easternhealth.org.au/eastern/gp_Login.asp">http://www.easternhealth.org.au/eastern/gp_Login.asp</a>	Referrals by medical staff only	Phone: <b>9871 3370</b> Fax: <b>9871 3202</b> <b>GP Access line is 9871 3369</b>  Referrals should include: the reason for referral, signs & symptoms, duration of symptoms, relevant past history & results of relevant pathology & imaging	Maroondah Hospital Outpatient Department Ground floor
<b>Eastern Health – Continence Services</b>			
The Continence service offers a specialist multidisciplinary service to people with bladder or bowel dysfunction & their carers. It also provides a resource for health professionals Services provided to adults include: <ul style="list-style-type: none"> <li>➤ comprehensive assessment</li> <li>➤ advice and education</li> <li>➤ specialised investigations</li> <li>➤ individual management plans</li> <li>➤ advice &amp; arrangement of continence appliances &amp; funding applications</li> <li>➤ In home assessments as indicated</li> <li>➤ pelvic floor muscle rehabilitation</li> </ul> Staffed by continence physicians, nurse consultants & physiotherapy staff There are no geographical boundaries if patients are willing to travel	Anyone can refer, including self referrals	Referrals are made via the Access unit at Peter James Centre: Phone: <b>9881 1843</b> Fax: <b>9881 2439</b> Email: <a href="mailto:icaccess@easternhealth.org.au">icaccess@easternhealth.org.au</a>  Referrals should include the patient's medical history and current medications	There are 2 services: <b>Peter James Centre Continence Service</b> Mahoneys Road Burwood <b>Outer East Continence Service</b> Yarra Ranges Health 25 Market St Lilydale

OTHER RELEVANT SERVICES						
Continence Foundation Helpline	Victorian Continence Resource Centre	The Cancer Council Victoria Helpline	Andrology Australia	Prostate Cancer Foundation of Australia	Mensline Australia	Lions Australia Prostate Cancer Website
Free national helpline to provide information, resources and confidential advice from continence nurse advisors on managing bowel and bladder problems.  Support is available for people with incontinence, their carers and health professionals.  <b>Contact: 1800 33 00 66</b> <a href="http://www.continence.org.au">www.continence.org.au</a>	The primary functions of the resource centre are promotion, education, advocacy, and resource development & provision. The centre is open Monday to Friday from 9.00am to 3.00pm. Consumers can obtain unbiased information on continence products.  <b>Contact: 9816 8266</b> <a href="http://www.continencevictoria.org.au">www.continencevictoria.org.au</a>	A confidential telephone information & support service where people can talk to cancer nurses about their concerns/questions.  They can also provide information on local support groups & networks.  <b>Contact: 13 11 20</b> <a href="http://www.cancervic.org.au">www.cancervic.org.au</a>	A national organization that provides education and resources to health professionals and the community on male reproductive health issues.  Includes evidence-based information, training programs and other available resources.  <b>Contact: 1300 303 878</b> <a href="http://www.andrologyaustralia.org.au">www.andrologyaustralia.org.au</a>	A peak national body for prostate cancer. It funds research, raises awareness & provides support, information & advocacy to men affected by prostate cancer.  They maintain an extensive network of prostate cancer support groups.  <b>Contact: 1800 22 00 99</b> <a href="http://www.prostate.org.au">www.prostate.org.au</a>	An anonymous, professional telephone counselling service available 7 days/week. Cost of a local call  Can also provide support for sufferers, carers, the bereaved & their families  <b>Contact: 1300 78 99 78</b>	This website provides extensive information on prostate cancer and includes an email helpline.  This site has been developed by the education committee of the Australian Prostate Cancer Collaboration  <a href="http://www.prostatehealth.org.au">www.prostatehealth.org.au</a>